

SERVICE AGENCIES IN CENTRAL HAMILTON AND DUNDAS

These agencies provide services for people. Some supply free meals; some have food banks; some offer support in finding housing or other services.

FOOD BANKS AND MEALS:

Dundas Salvation Army: (905)627-0572

150 King St. West, Dundas

Mon. Wed. 9:30 to 11:30, Fri. 9:30 to 11:30 and 13:00 to 15:30, (Closed Tue. Thur. and Sat. and Sun.)

Good **Food Box** Program and **other services**.

Jewish Family Services in Dundas: (905)627-9922 ext. 25

30 King St. East, Dundas

Mon. to Thur. 9 to 4, (Closed Fri. Sat. and Sun.)

Note –Open to all people – Eligibility interview.

Food Bank and **other services**.

Dundas Community Services: (905)627-561

2 King St. West, Dundas

Mon. to Fri. 9 to 5, (Closed Sat. and Sun.)

Food Boxes, and **Assistance** with referrals and various supports.

The Food Access Guide – (Foodaccessguide.ca)

Hamilton Public Library (905)546-3200

Welcome Inn Community Centre: (905)525-5824

40 Wood St. East, Hamilton (North end) -

Mon. Wed. and Thur. – 10:30 to 2:00, (Closed Tue. Fri. Sat. and Sun.)

Food Bank and **other services**.

King's Way Outreach Centre: (905)296-9473

390 King William St. Hamilton

Mon. to Thur. – 11 to 12:30 and 1:00 to 3:00, (Closed Fri. Sat. and Sun.)

Food Bank, Clothing and **other services**.

Good Food Centre: (905)528-4212

196 Wentworth St. North, Hamilton

Bring Identification, Call for details.

Service Agencies, Food Banks and Meals, (Continued)

Restoration House: (905)527-1622

103 MacNab St. North, Hamilton

Tue. Fri. and Sun. 12:00 to 2:00, (Closed Mon. Wed. Thur. and Sat.)

Food Bank.

Westdale United Church: (905)525-4215

99 North Oval, Hamilton, (Westdale)

Hot meals 3rd Sunday Only

Provides Food Cards.

Stacey's Place Youth Food Bank: (905)528-7625, Ext. 259

Hamilton (Part of Living Rock)

For youth 13 to 25 - Bring Identification, call for details.

Living Rock Ministries: (905)528-7625

30 Wilson St. North, Hamilton

Mon. to Fri. 9 – 5 and Sat. and Sun. 12 to 5

HOT Meals and Laundry

Mission Services: (905)528-4211

196 Wentworth St. North, Hamilton

Call to verify new hours due to Covid -19

Hot meals

The Table –(Hamilton Dream Centre:) (905)527-8605

Hamilton, (Call for details)

Eva Rothwell Centre: (905)526-1558, Ext. 405

460 Wentworth St. North, Hamilton

(For Children - Call for details.)

Out of the Cold: (905)308-8447

Wed. at Erskine Presby. 19 Pearl St. West - 2-4 pm.

Thur. at Central Presby. 165 Charlton West – 2-4pm

Breakfast and Dinner at various locations.(Call for details)

Service Agencies, Food Banks and Meals, (Continued)

Carisma Church: (905)527-5448

16 West Ave. South, Hamilton

Free weekly meals,(Call for details)

Hess Street Baptist Mission: (905)529-4187

179 Hess St. North, Hamilton

Men's Breakfast. (Call for details)

Dinner with a Movie: (905)522-3233

71 Rebecca St.,Hamilton

Free Dinner and a Movie (Call for details)

St. Patrick's Roman Catholic Church: (905)522-9828

440 King St. East, Hamilton

Free daily breakfast and lunch.(Friday's meal is BBQ !)

Emergency Food and Clothing Resources

Venture Centre: (905) 972-9485 Contact – Mark Tennant)
155 Cannon St. East, Hamilton

Native Women’s Centre: (905) 664-1114 (Contact – Vicki Montour)

Salvation Army: (905)540-1888
80 Bay St. North, Hamilton

Crown Point Community Church: (905)545-2002
92 Ottawa St. North, Hamilton

Essential Aid for Family Services: (289)799-9514
100 Main St. East, Hamilton
(Mon., Wed. and Fri. 10:00 to 12:00)
Children’s needs